



Parachuting Fitness Medical Examination

Name : _____ First Name : _____ M – F

Date of Birth: ____ / ____ / ____ Place of Birth: _____

Street and Number : _____

Postal Code : _____ City : _____ Country : _____

I, the undersigned, a general practitioner, certify that I have examined this person according to the criteria below and confirm that the individual is FIT for parachuting activities.

Specific conditions (e.g., wearing glasses, lenses, ...): _____

Doctor's Stamp	Date and Doctor's Signature

I, the undersigned, a general practitioner, certify that this candidate aged 50 or older has undergone a thorough cardiological examination (ECG) and is FIT for parachuting activities.

For individuals aged 50 and +	Doctor's Stamp	Date and Doctor's Signature	Once every 2 years

To be declared fit for parachuting, the candidate must meet the following requirements:

- Minimum age: 16 years during the calendar year.
- Be in good general physical condition without requiring particularly strong musculature. The tendency towards obesity will be evaluated based on its functional impacts.
- Possess a normal abdominal belt. Hernias, weaknesses, and abdominal wall lesions incompatible with the effort of parachuting are disqualifying. The last surgical intervention involving the abdominal belt must have taken place more than three months ago.
- Surgical interventions involving major vessels and the arterial circulation of the lower limbs constitute a contraindication.
- Possess functional integrity of the respiratory system. Cases of asthma and emphysema must be subject to a pulmonary examination.
- Severe digestive disorders that could pose a significant risk of sudden inaptitude are left to the physician's discretion.
- Any history of brain or cranial trauma or injury must be subject to a thorough neurological examination, with EEG evaluation at the examining physician's discretion.
- Possess mental and emotional stability compatible with learning and executing parachuting techniques. Candidates presenting excessive emotionality, neurosis, character disorders, or personality abnormalities will be disqualified.
- Any history of cardiovascular disease must be subject to a thorough cardiological examination. Candidates aged over 50 must undergo a comprehensive cardiological examination every 2 years.
- Be free from spinal, pelvic, or limb conditions that could jeopardize jump safety under usual conditions.
- Possess sufficient visual acuity, satisfactory color perception, and adequate depth perception.
- Possess satisfactory hearing and good Eustachian tube function.
- Be free from signs of chronic or acute drug-related or other intoxication.
- For female candidates, pregnancy constitutes an absolute contraindication.
- In case of doubt or dispute about the candidate's fitness for parachuting, the examining physician or the candidate may request the opinion of the ABPS medical committee.